

CESA 7 Learning Services Presents

Title: Youth Mental Health First Aid

Facilitated by: Dr. Marci Waldron-Kuhn



Date & Time:	Wednesday, April 21 and Thursday, April 22 11:30 a.m. - 3:30 p.m.
Place:	Virtual (class size limited)
Intended Audience:	Classroom Teacher, Special Education Teachers, Paraprofessionals, Principals/Administration, parents, coaches, any adults working with teens
What you will learn:	<p>Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.</p> <p>Link to more information</p>
Registration Fee for training:	<ul style="list-style-type: none">● 2020-2021 CESA 7 Learning Services Partnership/Full per participant: \$159.00● 2020-2021 CESA 7 Learning Services Traditional/Limited per participant: \$229.00● Non-Learning Service Member: \$299.00 <p>The following manual is included in the price of this event: Youth Mental Health Training Manual</p> <p>Registration Link</p>

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